





TOWN OF ACTON, MASSACHUSETTS

MUNICIPAL MONTHLY

IN THIS EDITION

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TOWN SERVICES HOTLINE

DIAL

DIAL

TOWN SERVICES HOTLINE HOURS OF OPERATION

Monday - Thursday: 8:00 AM - 5:00 PM
Friday: 8:00 AM - 2:30 PM

TOWN HALL & HUMAN SERVICES HOURS OF OPERATION

Monday: 8:00 AM - 5:00 PM
Tuesday: 8:00 AM - 7:30 PM
Wednesday: 8:00 AM - 5:00 PM
Thursday: 8:00 AM - 5:00 PM
Friday: 8:00 AM - 12:00 PM
Saturday - Sunday: Closed

ACTON MEMORIAL LIBRARY HOURS OF OPERATION

Monday-Thursday: 9:00 AM - 9:00 PM
Friday-Saturday: 9:00 AM - 5:00 PM
Sunday: 1:00 PM - 5:00 PM

Town Offices will be closed:

Monday, October 10 - Columbus Day

Have photos taken in Acton? Submit them to photos@actonma.gov and we'll feature them in future publications.

TOWN MANAGER'S UPDATE

In October of 2021 the Select Board completed a comprehensive community engagement process for allocating the \$7,072,733 in federal funds received from the American Rescue Plan Act. At that time, the Board allocated \$5.1 million for various initiatives including town-wide capital projects, support for the school and water districts, and initiatives to support community climate resiliency and sustainability efforts. The Board over the past several weeks has re-engaged the community to allocate the remaining funds. A revised investment plan is being discussed by the Board on October 3rd following stakeholder engagement and discussion with the Finance Committee. The latest information about ARPA is available at actonma.gov/ARPA.

At its meeting of September 12th, the Select Board approved a proposal for the Town to join the Massachusetts Bay Transportation Authority Youth Pass Program. This initiative provides free CharlieCards for Acton residents between the ages of 12 and 25 years old and reduced fares on MBTA services including Commuter Rail, bus, subway, and ferry services. For more information on eligibility requirements and the application process, please visit mbta.com/youthpass.

The town offers many tax relief programs for residents. The chart below shows a 30% increase in dollars granted for tax exemptions in the last five years. Last year, more than 227 households received exemptions totaling \$625,885. The Assessor's Office publishes a packet (shown at right) each year which contains a list of tax exemption programs available to Acton residents who meet the qualifications. These can also be found by visiting actonma.gov/taxrelief. Please visit the Assessor's Office in-person or call 978-929-6621 to discuss tax relief options.

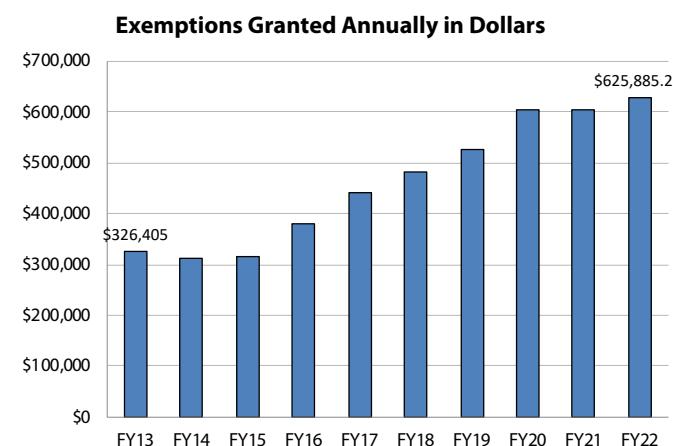
Fiscal Year 2023 **Property Tax Relief Programs**

You may be eligible for tax relief!



Board of Assessors
Cord Leipper-Smekleb, Chair
Susan Miller
Lee Fischman

Staff
Brian McCallum, Principal Assessor
Marilyn Abbott, Administrative Assistant



Sincerely,
John S. Mangiaratti
Town Manager



PLANNING DIVISION

Please welcome Nora Masler, the new Assistant Town Planner in the Land Use Department's Planning Division.

Nora joined the Planning Division earlier this summer working part-time while finishing a fellowship with Boston Harbor Now. Nora has a Master of Philosophy Degree in Architecture and Urban Studies from the University of Cambridge and is currently completing a Master Degree in Urban Planning and Policy at Northeastern University. She is passionate about creating equitable and resilient environments.

NORA MASLER



ACTON MEMORIAL LIBRARY

Please join us in congratulating Kerri Darcy, for her promotion to Assistant Director of the Memorial Library.

Kerri joined the library earlier this year as Head of Adult Services. Previously, she worked at the Thomas Crane Library in Quincy where she was the Outreach and Programming specialist.

KERRI DARCY



KRISTIN MACLEOD

ACTON CITIZENS' LIBRARY

Please join us in congratulating Kristin MacLeod on her promotion from Head of Circulation to Library Manager of the West Acton Citizens' Library.



ALAN NOYES

BUILDING DIVISION

Please welcome Alan Noyes as the Plumbing and Gas Inspector for the Town of Acton. Alan previously owned his own plumbing business before retiring and joining the Town part-time.



Acton Nursing Services



Senior High Dose 65+

Flu Clinic @ Human Services Building

Tuesday October 4th, 1:00-4:00pm

Preregistration required

Please call 978-929-6650 with any questions

<https://home.color.com/vaccine/register/acton>

Masks are required per MDPH guidance at health care appointments



Acton Nursing Services



Flu Clinic 6 months +

Flu Clinic @ Human Services Building

Tuesday October 11th, 4:00-6:30pm

Preregistration required

<https://home.color.com/vaccine/register/acton>

65+ High Dose Flu Vaccine Not Available at this Clinic

Please call 978-929-6650 with any questions

Masks are required per MDPH guidance at health care appointments





Free Narcan Training

Date: October 12th, 2022

Time: 7-9 PM

Location: Acton Town Hall

472 Main Street

Acton, MA 01720

Room 204

Or

Virtually by contacting

bnash@westfordma.gov

for the zoom meeting invitation!



Attention Participants

You will learn how to prevent an opioid overdose

You will learn how to administer Narcan

You will be given resources & additional information

You will be offered light refreshments

Aging in Place and Fall Prevention Class

Thursday, October 13, 2022

9:30-10:30 AM

Acton Town Hall, 472 Main Street, Room 204

also available via Zoom

[Free—Pre-registration required:](https://actonma.zoom.us/webinar/register/WN_ISBjuLamQ2yczYC0XCxgg)

https://actonma.zoom.us/webinar/register/WN_ISBjuLamQ2yczYC0XCxgg



Please join our panelists, Sue Ross, Occupational Therapist, Karen Patterson, Physical Therapist, Jill Salamon, Registered Nurse and a representative from the Acton Fire Department for a presentation on aging in place and fall prevention class covering the below topics:

- Home Modifications and Safety
- Increasing Mobility and Accessibility Issues
- Fire Safety
- Considerations for Alzheimer's/dementia
- Financial Exploitation
- Senior Safety w/ Technology

Funding for CHNA 15 is provided from Lahey Hospital and Medical Center and Winchester Hospital through the Massachusetts Department of Public Health's Determination of Need (DoN) process. For more information, please e-mail sball@actonma.gov or call 978-929-6453

VIRTUAL CHAIR YOGA

FREE

Wednesdays, October 5 - November 23, 2022

10:30-11:15 AM

This class will combine yoga poses, stretches, breathing and relaxation techniques while sitting or standing (holding the chair) No matter what shape, age, experience or condition of your body this class will work for you. Come enjoy the benefits of reducing anxiety, lowering blood pressure while building strength and balance to feel better in your body and mind. Please have a strap (could be a scarf) and Yoga block (Could be a shoe box) for class. Rebecca is a certified Yoga instructor who has been working with seniors for almost a decade.

To find out more info visit www.rebeccareberyoga.com



Join Zoom Meeting: (Click on this flyer)

[https://link.edgelist.com/s/e236dc63/f_0uG4g7_k095YX-8Jg8Hg?](https://link.edgelist.com/s/e236dc63/f_0uG4g7_k095YX-8Jg8Hg?u=https://us02web.zoom.us/j/82926807204?pwd=bHF4Y2VUL3ZFYIBnekpaODI5TIB3dz09)
[u=https://us02web.zoom.us/j/82926807204?](https://us02web.zoom.us/j/82926807204?pwd=bHF4Y2VUL3ZFYIBnekpaODI5TIB3dz09)
[pwd=bHF4Y2VUL3ZFYIBnekpaODI5TIB3dz09](https://us02web.zoom.us/j/82926807204?pwd=bHF4Y2VUL3ZFYIBnekpaODI5TIB3dz09)

Meeting ID: 829 2680 7204

Passcode: 109508

DID YOU KNOW?

The Acton Public Health Department is the facilitator for the Board of Health and the Town in safeguarding the public health of the people living and working in the Town of Acton. This is accomplished by protecting and enhancing the environment and public health through education and enforcement of environmental and public health regulations.

Services include:

- Supervising and directing the Acton Public Health Nursing Service and the Community Services Coordinator
- Responding to public health nuisance complaints
- Performing inspections to ensure safe and sanitary housing
- Operating the Pre-Occupancy Housing Inspection program.
- Reviewing, permitting, and inspecting food service facilities, tanning facilities, body art facilities, public swimming pools, beaches, and camps for children
- Providing public and environmental health emergency response capabilities
- Reporting and recording communicable disease information
- Overseeing the activities of the Central Massachusetts Mosquito Control Project
- Monitoring and directing the activities of the Animal Inspector and the Sealer of Weights and Measures

**Town of Acton - Household Hazardous Waste Day**

Acton DPW Building—14 Forest Road

Tuesday, October 25, 2022

4:00 PM - 7:00 PM

**Important Information**

-If possible, please only make **ONE** trip to Hazardous Waste Day. Upon entering the site, please drive slow and stay in your vehicle.

-Please read the below lists of what to and not to bring. Many materials can now be dropped off year round at Town of Acton facilities.

-Transfer Station sticker or recycling only sticker required to drop the below materials at the Transfer Station.

-Recycling sticker is only \$15 annually (\$10 for seniors 65+)

-For a list of items are accepted at the Transfer Station, please visit: <http://www.acton-ma.gov/documentcenter/view/350>

WHAT TO BRING:

Please bring household hazardous waste in sealed containers (use original containers when possible)

- Oil paints, stains, thinners & strippers
- Solvents, varnishes
- Adhesives, glues, resins
- Waste fuels, contaminated waste oil
- Engine degreaser, brake Fluid
- Transmission fluid, antifreeze
- Insecticides, weed killers, pesticides
- Wood preservatives
- Hobby supplies, artist supplies
- Photo chemicals, chemistry sets
- Cleaners, spot removers
- Swimming pool chemicals
- Aerosol cans

What can be brought to Acton Facilities NOT to Hazardous Waste Day:

Note: Town Hall hours are M,W, Thurs. 8-5; Tues 8-7:30; & Fri 8-12 noon

- Fluorescent light bulbs (Transfer Station—Recycling sticker required)
- Television's and CRT's (Transfer Station) -There is a \$25 fee per unit
- Uncontaminated waste oil (Transfer Station)
- Lithium ion, Nickel-Cadmium, Lead acid batteries (Transfer Station or Town Hall)
- Car batteries (Transfer Station)
- Hearing Aid/Button Cell) batteries (Town Hall)
- Sharps, Hypodermic Needles (Transfer Station, Public Safety Building & Nursing Department)
- Fire extinguishers (Transfer Station)

What NOT to bring:

- Alkaline Batteries (dispose of in regular trash)
- Latex Paint (open, add hardener to expedite drying, throw away)
- Smoke Detectors (dispose of in regular trash)
- Asbestos (call a Licensed Asbestos Contractor)
- Compressed gas cylinders
- Ammunition, fireworks, explosives
- Commercial or industrial waste
- Infectious & biological waste
- Radioactive waste
- Oil filters (punch hole in dome, drain for 24 hours, save oil for recycling, put in trash after draining)

To Ensure Safety, Please:

- **During event, drive slow and follow cones to avoid an accident.**
- Tighten caps and lids leaving materials in original containers.
- Pack containers in sturdy upright boxes and pad with newspaper.

- Sort and pack separately: paint, pesticides, household cleaners.
- Avoid spills and do not place in a garbage bag.
- Never mix chemicals, and never smoke while handling chemicals.
- Pack your vehicle and go directly to the site.



**RECREATION NOW HAS AN ON SITE OFFICE AT NARA
LOCATED AT THE NEW SPORTS PAVILION.
PLEASE STOP BY AND SAY HELLO AND LET US KNOW
HOW WE CAN ASSIST YOU! WE'RE HERE FOR YOU.**

NARA BEACH HAS CLOSED FOR THE SEASON ~ THANK YOU FOR A GREAT SUMMER OF 2022!

FIELDS AND FACILITIES INFORMATION

We are still busy reserving field and facility rentals for the fall.

All new! Added to our list of NARA facilities rentals is our Sports Pavilion Patio. This site has 16 hexagon tables with umbrellas. The site overlooks the upper fields and is a great spot to just sit and relax.

Please submit your application soon if you wish to secure your preferred date and facility/field location. Click [here](#) to access forms, fees and details.

The various areas at NARA Park for picnic rentals are extremely popular and it's never too early put your request in.

Stay active, make new friends, have memorable gatherings, connect with the community, and ENJOY THE SPECTACULAR COLORS OF FALL AT NARA PARK!



WINTER PROGRAMS NOW AVAILABLE

Acton Recreation provides a variety of programs for everyone. We have a lot of new programs that have been added including Penguin Coding, Indoor Pickleball for kids, Super Soccer Stars, Amazing Athletes, art classes for adults and kids, Teddy Bear Workshops, fitness programs, bus trips and more! Be sure to bookmark actonrec.com and check back often for updates and new class additions. We're always looking to enhance our offerings and want to know what are you interested in offering or if you have a special talent and are interested in offering a program that would fit well with Acton Recreation, please e-mail us at recreation@actonma.gov. We want to hear from you!

Registration for programs and calendar of events can be found by visiting actonrec.com.

FALL PROGRAMS REGISTRATION OPEN OR COMING SOON INCLUDE:

- Adventure Art, Artist in Me, Mini Art --kids programs-- New! with Suni Roy
- Amazing Athletes coming this winter
- American Red Cross CPR, First Aid & AED w/Acton Rec (returning later this fall)
- Barre, Stretch & Strength with Gina new winter classes coming soon!
- Broadway Jazz with Nicole new winter classes coming soon!
- [Bus Trips](#) Great selection to choose from single day trips to multiple - even 2023 trips are getting finalized!
- Winter Cricut & Scrapping Group
- Dance Classes including Kids Musical Theatre Dance, Advanced Musical Theatre Dance, Fairy-tale Disney Dance Class, Lyrical Dance, Beginner Kids Tap and Ballet, Beginner Tap, Jazz for Kids, Teen Jazz - more winter classes coming soon!
- Floral Arrangement Workshops with Cathy Fochtman
- Halloween Cemetery Tour returns! - Forest Cemetery, limited space left!
- ***Kids Nature Crafts-Themes include: holiday, Winter***
- ***Magic Show & Magic Workshop***
- ***Marionette Show (coming soon!)***
- ***Multi-sport Program***
- ***Penguin Coding School Classes***
- ***Pickleball for Kids (indoors) with Skyhawks this winter!***
- School Vacation Days and School Day's Off Program
- Scrapping Group
- Skyhawks: T-Ball, Cheerleading, Floor Hockey, Pickleball, Hoopster Tots, Super Sports Saturday Mix-Up and Tots Soccer
- Soccer Super Soccer Stars
- Squash Clinics with SquashWest in Acton (coming soon)
- Teddy Town Workshops! Afternoon Tea / Hearts and Lots of Love!
- Wildlife Explorers
- Zumba
- COMING VERY SOON! LANGUAGE CLASSES - ITALIAN, GERMAN ...



Acton Recreation Merrily Presents!!! Yuletide Newport!



December 4, 2022 (Sunday)

10:00 AM Depart this morning from Nara Park, 25 Ledge Rock Way, Acton, on your luxury Silver Fox Coach and join your friends on a delightful holiday tour combining the **beautifully decorated mansions of Newport, Rhode Island, and the magnificent lighting display at LaSalette Shrine**. First, you'll enjoy a delicious, full course luncheon at the excellent Quonset Point O'Club, overlooking the waterfront and featuring entrée choices of **Fresh Baked Scrod or Baked Chicken**. You will then visit Newport's grand Marble House Mansion, decorated in holiday ornaments and displays. Early this evening a spectacle awaits you at LaSalette, where New England's largest and most colorful Christmas light display is held. You'll return home at 7:00 PM with enlivened holiday spirits after a day visiting Newport and LaSalette.

Tour Includes: - Admission to Newport's Marble House

- Delicious Full Course Luncheon

Please Select Entrée : _____ Baked Chicken _____ Baked Scrod

- Visit and sightseeing at LaSalette

- Luxury Silver Fox Coach

Tour Cost: \$109.00 Per Person

- **Tour Date:** December 4, 2022 (Sunday)

Please Contact: Acton Recreation @ 978.929.6640 recreation@actonma.gov

Happy Holidays To All!

Acton Recreation Department & Best of Times Travel Proudly Present **Christmas New York Style** Historic Hudson Valley and Overnight In New York City



DECEMBER 11-12: Sunday - Monday 2 Days / 1 Night

The Hudson River Valley of NY is known not only for its natural beauty but its spectacular riverside estates. New York City embodies the Christmas season with Rockefeller plaza. This very special trip incorporates all that is great and wonderful about NY at this festive time of year. From the wonder of the breathtaking stained glass windows of Union Church designed by Henri Matisse and Marc Chagall, dramatic Lyndhurst Castle, and the pinnacle of the holiday - the Radio City Rockettes! Add to that staying at the elegant Sheraton Hotel at Times Square in the heart of activity! Truly a trip to remember!

TRIP HIGHLIGHTS INCLUDE:

* LODGING at the SHERATON NY TIMES SQUARE located in the heart of NY City - this Luxurious Hotel on 7th Avenue & 33rd St. is in the heart of midtown and in walking distance to the major sights. Our incredible accommodations include a Buffet Breakfast

* TOUR OF THE UNION CHURCH OF POCAHONTICO HILLS - The Church houses memorial stained glass windows designed by re-known artists HENRI MATISSE and MARC CHAGALL - Magnificent!

* Enjoy a Tour of Fairytale LYNDHURST CASTLE - Overlooking the Hudson River in Tarrytown, New York, is Lyndhurst, one of America's finest Gothic Revival mansions. Designed in 1838 by Alexander Jackson Davis, its architectural brilliance is complemented by a comprehensive collection of original decorative arts. Its noteworthy occupants included former New York City mayor William Paulding, merchant George Merritt, and railroad tycoon Jay Gould. For Christmas the decorations come out and the mansion turns into a magical wonderland.

* RADIO CITY MUSIC HALL CHRISTMAS SPECTACULAR SHOW. This is an outstanding show whether it's your first time or 20th time in the audience. Enjoy Reserved Seating at Radio City Music Hall. And this is the ONLY place to see this show in all its glory. We'll also have approximately 3 hours for shopping and lunch on our own.

Price: \$529 p/p Double \$649 Single

Includes: Motorcoach Transportation, 1 Night Lodging, Full Buffet Breakfast, Touring, & Ticket to Radio City Rockettes Show, and Best of Times Travel Professional Tour Director (Incl Gratuity). Bus Driver Gratuity Not Included



REGISTRATION: Mail completed form to: Recreation Dept., 472 Main St., Acton, MA, 01720
OR bring to the Acton Rec. Dept., 50 Audubon Dr., Acton.

MAGIC FRED

SAT, JAN. 21

MAGIC CLINIC

FOR KIDS AGES 7-9

11:00 A.M. - 1:00 P.M.

\$28 PER CHILD (INCLUDES CLASS, PIZZA, SPECIAL TAKE-HOME
MAGIC COINS AND WAND AND 1 PM SHOW)

MAGIC SHOW FOR ALL

1:00 PM

\$5 PER PERSON OVER AGE 2



Pre-Registration Required
ACTONREC.COM

teddy town workshops! REGISTER: ACTONREC.COM

SUNDAY, NOV. 13

TEDDY TOWN & AFTERNOON TEA

FOR AGES 5-10

Children will make, stuff and dress their own teddy bear (pick from a selection) and enjoy a fun afternoon tea with games along side their new teddy bear friend!



SUNDAY, FEB. 12

HEARTS & LOTS OF LOVE

FOR AGES 5-10

Children will make, stuff and dress their own Teddy Bear (from a selection) and enjoy making Valentine crafts! All materials included.



FALL HOURS

Monday-Thursday: 9 a.m. - 9 p.m.

(Closed October 10)

Friday-Saturday: 9 a.m. - 5 p.m.

Sunday: 2-5 p.m.

FRIENDS BOOK SALE

The Book Sale is open to the general public Saturday, Oct 15, from 9am to 4pm. Sunday, Oct 16, is 'Half-Price Day' from 2-4pm. Book Sale Prices: most \$2, except children's paperbacks \$1. Also selection of first editions and signed monographs individually priced.

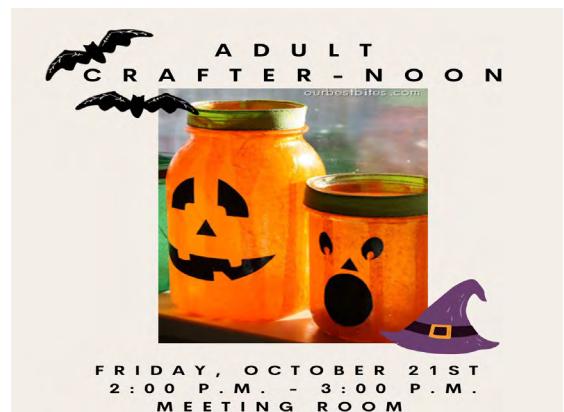
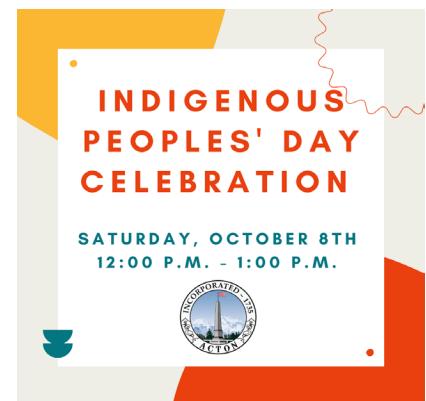
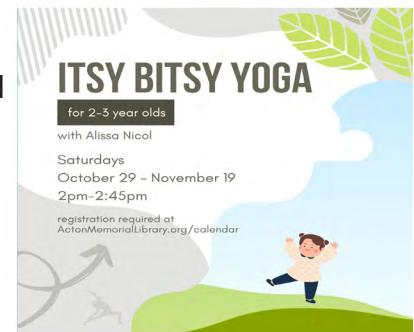
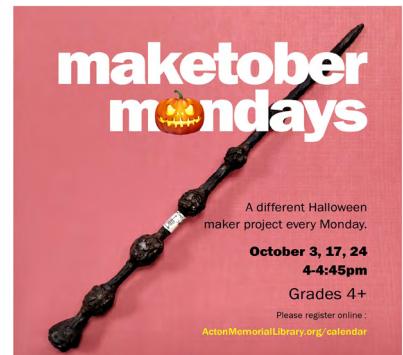
FALL INTO A GOOD BOOK: AUTUMN READING CHALLENGE

Calling all readers 13 and older! Join us for the first Autumn Reading Challenge, beginning October 1st and ending November 30th. Log your reading and complete activity challenges on Beanstack. A \$25 gift card to The Silver Unicorn is up for grabs, so start logging today!

CHILDREN'S PROGRAMS:

All programs are registration required, check the library calendar for more information.

- **Goats and Giggles:** Saturday, October 1st, 2 - 4 p.m.
- **Hero Kids Role-Playing Game:** Saturday, October 8, 10 - 11 a.m.
- **AML Storytime at the Acton-Boxborough Farmers Market:** Sunday, October 16, 11 - 11:30 a.m.
- **Madhubani Painting workshop for Children:** Thursday, October 20, 4 - 4:30 p.m.
- **Itsy Bitsy Yoga:** Thursday, October 20, 2 p.m. - 2:45 p.m.
- **Acton Halloween Parade:** Monday, October 31, 10 - 11 a.m.
- **Creepy Carrots: Story & Craft:** Monday, October 31, 4 - 4:30 p.m.
- **Special Halloween Role Playing Game - Call of Cthulhu:** Monday, October 31, 6:30 - 8:30 p.m.
- **Maketober Mondays:** Mondays, 4 - 5 p.m.
- **Baby Toddler Storytime:** Tuesdays, 9:30 - 10:30 a.m.
- **Storytime with Miss Sammy:** Wednesdays, 10:30 - 11 a.m.
- **Preschool Storytime at the Library:** Thursdays, 10- 10:45 a.m.
- **Children's Crafting at the Library:** Thursdays, 4 - 4:30 p.m.



ACTON MEMORIAL LIBRARY

TEEN PROGRAMS

All programs are registration required, check the library calendar for more information.

- **Youth Manufacturing Day:** Friday, October 7, 3:30 - 6p.m.
- **Teen Craft Night:** Wednesday, October 26, 7 - 8 p.m.
- **Crafting Your College Essay:** Saturday, October 29, 11 a.m. - Noon
- **Dungeons and Dragons** for Grades 7+: Saturday October 1 & October 15, 10 a.m. - Noon

ADULT PROGRAMS

All programs are registration required, check the library calendar for more information.

- **National Hispanic Heritage Month Movie Showing:** Tuesday, October 4th, 6 - 9 p.m.
- **Indigenous Peoples' Day Celebration:** Saturday, October 8, Noon - 1 p.m.
- **Pine Hawk: Magunkaquog Praying Town:** Thursday, October 13, 7 - 8:45 p.m.
- **Henna @ West Acton Citizens' Library:** Friday, October 14, 4 - 5:30 p.m.
- **Pine Hawk: Cutting Edge Digital Technologies Documentation:** Tuesday, October 18, 7 - 8:45 p.m.
- **Madhubani Painting Workshop:** Thursday, October 20, 7 - 7:45 p.m.
- **Adult Crafter-Noon:** Friday, October 21, 2 - 3:30 p.m.
- **Pine Hawk: Paleoindian Life 12,000 Years Ago at the Tenant Swamp Site:** Monday, October 24, 7 - 8:45 p.m.



Acton Memorial Library | 486 Main St. Acton, MA 01720 | 978-929-6655 | actonmemoriallibrary.org



ACTON Halloween PARADE *

OCTOBER 31 AT 10:00 AM

Trick or Treat
at the Library and Town Hall

COSTUMES
ENCOURAGED

COUNCIL ON AGING

The Council on Aging at the Senior Center offers services and activities for residents age 60 and up. We are located with the Human Services Facility at 30 Sudbury Road Rear; contact us at seniorcenter@actonma.gov or 978-929-6652. Our hours are Monday, Wednesday, Thursday 8 a.m. to 5 p.m., Tuesday 8 a.m. to 7:30 p.m., and Friday 8 a.m. to 12 noon. For the latest information, visit our website www.actoncoa.com where you can also view our newsletter and follow us on Facebook @actoncoa.

For seniors and their family members seeking information on area social services, please contact COA Senior Services Coordinator, Beverly Hutchings at 978-929-6652. She provides information on: home care agencies, elder day programs, housing options, food and fuel assistance, and a variety of other services.

The Medicare Open Enrollment period runs from October 15 through December 7. If you have questions about Medicare, call the COA to book an appointment with a SHINE counselor to review your options. If you specifically want to learn more about selecting your Medicare Part D Prescription Drug Plan, the COA, in partnership with Minuteman Senior Services, is offering appointments with Massachusetts College of Pharmacy students on Wednesday, October 26 from 9 a.m. - 1 p.m.

The Acton Council on Aging, Acton Nursing Service and Acton Police Department have teamed up to offer a community **CarFit** event on Monday, October 17, 9:00-11:40 a.m. CarFit is a check by trained technicians on how well an older driver and their vehicle work together with a focus on comfort, safety, and mobility. CarFit is a national program developed by AAA, AARP, and the American Occupational Therapy Association. Our last CarFit event received a tremendous amount of positive feedback! Call the COA for an appointment.

OCTOBER PROGRAM HIGHLIGHTS (SEE OUR NEWSLETTER FOR DETAILS):

- **Spooky Politics:** The Paranormal & Extraterrestrial with Rich Rubino, Thurs., October 13, 1:00 p.m.
- **Making Memories Photography/Writing Group:** begins Friday, October 14 at 10 am
- **Rhumba! Samba! Tango! Mambo! Latin Music** presentation with John Clark, Tuesday, October 18 at 1 p.m.
- **Wool Felting Art Class:** Tuesday, September 13 at 1 p.m.
- **Author Talk: Bathsheba Spooner A Revolutionary Murder Conspiracy:** Tues, October 18 at 6 p.m.
- **Introduction to the Acton Memorial Library with Zoey Mills:** Wednesday, October 19 at 1 p.m.
- **Diwali Bling! Virtual Tour of Dehli Markets via Zoom** in real time, Thursday, October 20 at 9:30 am, from home or the Senior Center
- **Relatively Speaking: Albert Einstein Live Performance:** by George Capaccio, Monday, October 24 at 2 p.m.
- **Wool Needle Felting Art Class with Magda Stilmant:** Tuesday, October 25 at 1:00 p.m.
- **Sivan Etedgee's Monthly Classical Music Series** continues with The Piano of Spain and South America, Thursday, October 27, at 12:30 p.m.

OCTOBER PROGRAM HIGHLIGHTS CONTINUED:

- Discussion with Superintendent of Schools Peter Light Thursday, October 27, at 1:30 p.m.
- **LitLovers American Bestsellers Study Group** looks at The Bay Psalm Book this month, Tuesday, October 25, at 2:30 p.m.
- **Memory Lane Café:** for those with memory impairment and their care partners meets Tuesday, October 25 at 12 p.m.
- **Learn how to best file and manage a Long Term Care Insurance** claim with Hans Hug, on Thursday, November 3 at 1:00 p.m.

Other activities include: fitness classes (Yoga returns this month!), book groups, movies, caregiver support group, gym with senior-friendly equipment, laughter yoga, line dancing, watercolor class, Emily Dickinson seminar, Grandparents Raising Grandchildren support group, and drop-in groups including an art group and Chess Club. **Acton resident Harriet DiLuzio's art work is on display this month.**

VOLUNTEER HANDYHELPERS WANTED!

If you're handy around the house or good with electronics/computers and would like to help seniors remain in their homes, please consider volunteering for this program. HandyHelpers assist seniors with a variety of tasks including installing curtain rods, setting up a printer, flipping mattresses, and changing light bulbs. Call the COA at 978-929-6652 to learn more about joining our team!

NEWSLETTER - SIGN-UP OR UPDATE

You can sign up for a digital copy of the newsletter or other COA notifications at www.actoncoa.com and click on the link under "News" on the home page. To be added or removed from the paper newsletter mailing list, please contact us at 978-929-6652 or seniorcenter@actonma.gov. If you are a resident of Acton and turning 60 this year you will be included in our September mailing—please let us know if you wish to remain on the mailing list.



The Friends of the COA supported a dinner followed by journalist/author Ted Reinstein's talk of Chronicle fame.

COUNCIL ON AGING

MEALS

The Minuteman Senior Service (MMSS) dining site offers in-person lunches Monday through Thursday at noon. Anyone with a September birthday qualifies for a free lunch on September 8! Grab and Go lunches continue to be offered Monday through Friday. Sign up for lunch at least 24 hours in advance in person or by phone 781-221-7098.

The COA partners with Open Table to provide free frozen meals and Healthy Helpings heart healthy meal packages to Acton seniors; contact the COA for more information.

A new service offered by MMSS is continental breakfast served weekdays from 8:30 to 10 a.m., featuring items such as bagels, yogurt, and juice for \$1.

SIGN UP WITH THE COUNCIL ON AGING FOR THESE CULINARY EVENTS:

- **Lunch with Chef McGuire**, featuring shepherd's pie, Tuesday, October 11 at noon
- **Benchmark at Robbins Brook** is providing a baked ham lunch on Wednesday, October 19 at noon
- **Monthly breakfast** on Friday, October 21 at 9 a.m., followed by Java with John, a discussion with the Town Manager, at 9:45 a.m.
- **Burrito Dinner** provided by Bueno y Sano, Tuesday, October 25 at 5 p.m.
- **Halloween cupcakes** Monday, October 31, at 12:30 pm; costumes encouraged!



Photo Left: Acton's First Responders were honored at a Senior Center luncheon on September 13.

Photo Above: Acton's older adults stay active in the Senior Center's exercise classes for all levels of fitness.

VOLUNTEERING

The Council on Aging has over 170 active volunteers who share their interests and skills to assist those residents needing them. The COA is always looking for additional volunteers to share their time and enthusiasm in a number of areas including: Lead programs, teach computer, exercise, craft or other classes of interest, Deliver meals to homebound seniors, Receptionist at the COA office, Gym monitor, help with the Dining Room meals, Decorating around the Senior Center, Drive seniors to medical and personal appointments, help seniors with simple home maintenance tasks, visit homebound seniors, and offer tech support.

Please contact COA staff at 978-929-6652 for more information or email seniorcenter@actonma.gov



HEALTH AND WELLNESS WITH LUCY HUTCHINGS, RD

Tuesday September 13th: Balancing Behavior and Energy with Healthy Lunches

Learn how to easily pack healthy kid and adult lunches to help balance energy, enhance focus, and improve behavior.

Tuesday October 11th: Healthy Dinner Solutions for the Weeknight Hustle

Learn the strategies and solutions that help busy families stay healthy and thrive even when you are short on time.

Tuesday October 18th: Strategies for Surviving the Holiday Sugar Rush

Learn how the whole family can enjoy the holiday season with less sugar, less stress, and better overall health.

6-7pm @ 30 Sudbury Rd. Acton, MA 01720
Registration required (978) 929 - 6650
Transportation available for Acton residents



Youth Manufacturing Day

Acton Memorial Library 486 Main Street, Acton, MA 01720

For students in Grades 7-12

Sponsored by Associated Environmental Systems, Acton, MA

Friday October 7, 2022 3:30pm-6:00pm



SPACE IS
LIMITED



SIGN UP!



Thank you to our participating organizations!



National Aviation
ACADEMY



- **Career Chat:** Learn about exciting careers & how to get a leg up!
- **Experience Fair:** try out & view innovative technologies!
- **Video Competition:** Join a video competition & see if you win!
- Register by Friday September 30, 2022 at <https://bit.ly/ActonYMD>



ECONOMIC DEVELOPMENT

ECONOMIC DEVELOPMENT NEWSLETTER

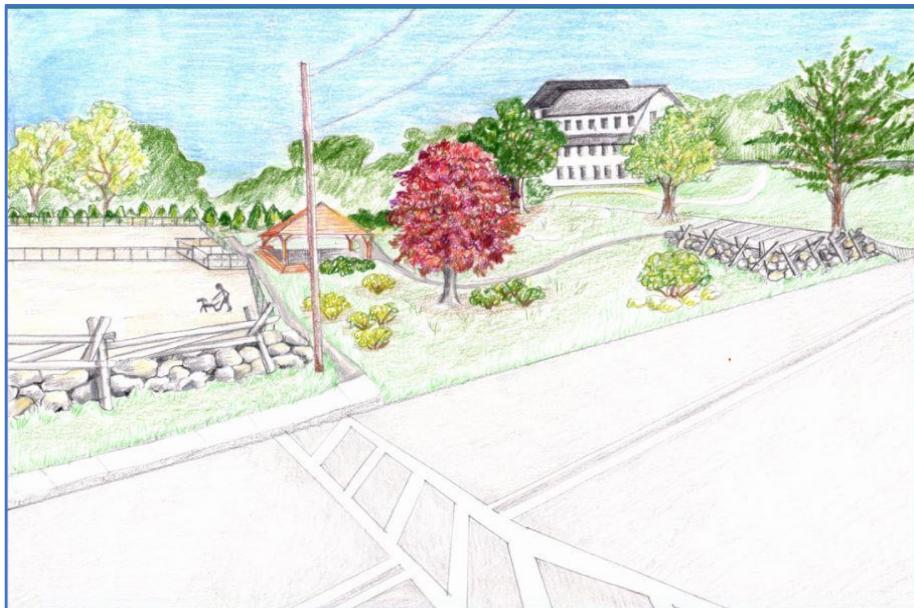
Sign up to receive the Acton MA Business Boost: An Economic Development Newsletter. Each issue will spotlight new happenings with local businesses and organizations as well as resources and events that may be of interest. Connect with us and stay up to date!

[CLICK HERE.](#)

COMMUNITY CONNECTION

Acton's Dog Park Public Design Forum, Wed., October 26, 7:00 PM

Acton Town Hall, Room 204 and via Zoom



Acton is home to over 2,000 dogs and their owners. Some take walks, some run on trails, but many need a secure and safe place to run, play, and socialize. And, like parents that bring their kids to playgrounds, dog owners benefit from the connections that are made when they come together.

Acton's Dog Park Committee, Recreation Commission, and Dale Design Associates have worked together on a preliminary dog park design for the parcel at 348 Main Street. Grant funding from the Stanton Foundation will fund nearly the entire project.

On Wednesday, October 26, residents have an opportunity to review and comment on the design to date and help make this vision a reality. Visit actondogpark.weebly.com and [facebook/ADPCActon](https://www.facebook.com/ADPCActon) to learn more about how this exciting project will benefit our entire community.

Check the meeting calendar on the Town website www.acton-ma.gov to access the Acton Dog Park Committee's 10/26/2022 meeting agenda, which will contain the Zoom link to participate remotely.



FRIENDS OF THE ACTON LIBRARIES

BOOK SALE

ACTON MEMORIAL LIBRARY
DUE: OCT 15 2022

Friends of the Acton Libraries is a volunteer organization dedicated to the support of Acton's elementary, middle, high school, and town libraries.

*PREVIEW EVENING FOR MEMBERS FRIDAY OCT 14, 7-9 PM



@friendsactonlib

The **Friends of the Acton Libraries** is a 501c3 volunteer organization dedicated to raising money towards the town's elementary, middle, and high school budgets. The Friends additionally present scholarships each year to high school seniors.

Reminder, the Friends will gratefully accept your qualified charitable contribution (QCD). And whether for corporate matching or your own record, the Friends' tax ID is recorded as 04-3446474.

October. Register [here](#) to enter. Over/Under-15 winners + book vouchers for all entrants. Much more info at our [event link](#).



PLUS: we will be at the **AB FARMERS MARKET** this Sunday 10-1pm slinging cookbooks getting ready for the book sale in 2 weeks. Sign up to bake, or volunteer, or grab a book.

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Thank you - to all our book donors, and volunteers!
From the Board of the Friends.

OWN PROPERTY WITH PUBLIC OR MULTI-FAMILY PARKING?

Add Electric Vehicle Charging to your Property!

-  Futureproof your parking lot
-  Add a premium amenity
-  Make your property more sustainable



Take advantage of current
funding incentives!

MassEVIP

Funds 60-80% of the hardware and installation costs for EV chargers in public parking lots or multi-unit dwellings with a cap of \$50,000 per street address.

Learn more or apply at:

https://bit.ly/MassEVIP_Multi-Unit

https://bit.ly/MassEVIP_BusinessCharging

Eversource Make Ready Program

Funds 100% of the infrastructure costs for EV Chargers for Commercial customers. In Environmental Justice Communities, covers the cost of purchasing and installing EV chargers.

Check if your property is in an EJ zone: <https://bit.ly/EJmap>

Learn more or apply at: <https://bit.ly/EversourceMakeReady>

TAKE A SPIN IN AN EV!

Learn about the Town's efforts to electrify its municipal fleet and watch the Sustainability Office drive one of the Town's Electric Vehicles on ActonTV:

https://bit.ly/ActonTV_TownEV



