



TOWN OF ACTON MUNICIPAL MONTHLY

January 2026

EVENT CALENDARS

[COUNCIL ON AGING](#)

[LIBRARIES](#)

[RECREATION](#)

[TOWN HALL](#)

CURRENT JOB OPENINGS

- Director of Parks and Recreation
- Dispatcher (full-time & part-time)
- Firefighter/ Paramedic
- Police Officer
- Skilled Labor/Truck Driver

Interested in serving on a **Town Committee, Commission, or Board**? Find a full list of open volunteer positions [here](#).

KEEP IN TOUCH!

TOWN SERVICES HOTLINE

(978) 929-6600

[TOWN DIRECTORY](#)

FOLLOW US ON SOCIAL MEDIA

Facebook @actonmagov

Instagram @actonmagov

LinkedIn @Town of Acton, MA

Twitter @ActonMaGov

Subscribe to our [NEWS FLASH](#) to receive Town news and updates via email or text!

TOWN MANAGER'S UPDATE

The Town Manager's Recommended Fiscal Year 2027 Municipal Operating Budget has been published online at [www.actonma.gov/manager](#).

The proposed municipal budget represents a 3.25% increase over the prior year. The budget maximizes available resources through efficiency measures and external funding. Over the past seven years, Acton has secured more than \$23 million in competitive grants, enabling priority infrastructure projects and innovative programs. Cost-saving strategies include reorganizations, regional collaborations, and leveraging special funds to help us provide services with limited resources.

The Capital Plan for FY2027 prioritizes the revised design for the Department of Public Works Facility and replacement of Town Hall HVAC and emergency power systems. These projects will use multiple funding sources, including state grants and surplus funds, to reduce financial impact. The DPW facility redesign proposes renovating the existing building for fleet storage and constructing a new facility for mechanics, offices, and workshops, reducing square footage and costs.

I look forward to presenting the budget on January 12th and the department presentations at the Select Board/Finance Committee workshops on January 20th and 21st.

If you have any questions or comments about the budget please contact me at manager@actonma.gov.

TOWN MANAGER'S UPDATE

The Town is beginning preparations for Independence Day 2026 and to pay special tribute to the 250th anniversary of the signing of the Declaration of Independence. We will be collaborating with members of the Acton 250 Committee to plan the event. Our office has been receiving questions about the Select Board's recent decision not to include fireworks funding in the FY27 budget and to not have fireworks at the 2026 Independence Day celebration.

The popularity of the fireworks had made the celebration into a regional event with limited local benefit to justify the solely local investment. As a community, we had to invest taxpayer funds, significant time, and several critical public resources to put on this event. For the past three years, Town Meeting has appropriated \$40K to fund a portion of the costs of implementing the 4th of July Independence Day celebration. The total cost is closer to \$60K when considering staff costs, overtime, performance costs, signage, bathrooms, fireworks, shuttle buses, and other expenses associated with providing the fireworks celebration. A fireworks celebration requires significant staffing from Police, Fire, DPW, Technology, Dispatch, Recreation, and staff from many other town departments. Planning for the regional event begins in the winter and requires regular meetings and coordination efforts leading up to the event. The setup begins weeks beforehand to prepare the area for an influx of 10K + attendees in a six hour period. Breakdown often continues into the next week to fully dismantle and return rented equipment.

The change is meant to focus on providing more of an event for Acton residents to celebrate the 250th instead of an event for the region centered around fireworks. Acton has a rich history in the American Revolution which has been highlighted the past few years by the Acton 250 Committee. The 2026 event is an opportunity for Acton residents to celebrate the rich history of Acton and its role in the history of the United States. The \$40k in funding appropriated last year is still available and can be used for fireworks at a future July 4th event. That funding will not be used this year for the reasons described above. If you have any other questions about this please reach out.

Sincerely,

John Mangiaratti
Town Manager



EMPLOYEE SPOTLIGHTS

NEW EMPLOYEES



MATT CURLEY ASSISTANT PLANNER

Matt Curley is both honored and excited to be joining the Town of Acton as an Assistant Planner. Prior to this position, Matt served as an intern for both the City of Hartford (CT) and the Montachusett Regional Planning Commission, working on a range of planning and GIS projects over the past year. He graduated this past May from the University of Connecticut with a B.A. in Urban and Community Studies, and is a proud UConn alum (Go Huskies!). Outside of work and academics, they are an avid fan of both Boston and UConn sports, and they enjoy choir, theatre, and volunteer work. Matt looks forward to serving the Town of Acton and collaborating with his fellow staff!

EMPLOYEE RECOGNITION

The Town of Acton is excited to introduce **Acton Applause**, a new internal employee recognition program that celebrates Town staff who go above and beyond in their work. Each month, Town employees can nominate a fellow coworker or department who demonstrates dedication, teamwork, initiative, adaptability, or a strong commitment to safety.

JANUARY HONOREES:

BRIAN SMITH (FIRE DEPARTMENT)

Brian coordinates the Fire Department's S.A.F.E. and Senior SAFE programs, educating children on fire safety and helping ensure seniors have working smoke detectors and essential safety resources. His efforts strengthen community safety across all ages.

KEVIN GORDON (POLICE DEPARTMENT)

Kevin demonstrates exceptional flexibility and teamwork by frequently stepping in to support patrol coverage while continuing to manage his regular traffic officer responsibilities. His willingness to help wherever needed makes a meaningful difference for the department.

**CONGRATULATIONS TO OUR JANUARY ACTON APPLAUSE HONOREES, AND THANK YOU FOR YOUR
CONTINUED DEDICATION TO THE TOWN OF ACTON!**

ECONOMIC DEVELOPMENT

ACTION BUSINESSES INVITED TO REGISTER AS FIFA VENDORS

The 2026 FIFA World Cup will bring global attention to the Boston region, with seven matches confirmed for the area and an expected influx of more than 2 million visitors. Local businesses interested in working with Boston 26 on the delivery of goods and services associated with the World Cup are encouraged to complete [this form](#). Services include catering, transportation, translation, logistics, among others.

FIFA may contact registered businesses regarding opportunities to participate in relevant procurement processes related to the event.



NEW AUTO DEALERSHIP OPENS AT NAGOOG PARK

McGovern Subaru has recently opened its new location in Acton, bringing with it a modern facility that currently employs 60 staff members, with plans to expand to 70 employees in the near future. The team is finalizing remaining office details and looks forward to hosting a grand opening celebration soon.

Pictured: Jon Crandall, McGovern Subaru, and Patricia Costa, Economic Development Director

VOLUNTEERING OPPORTUNITY

The Office of Economic Development is offering a volunteer opportunity for students interested in supporting a survey project in partnership with the Economic Development Committee (EDC). The project will gather feedback from local business owners to better understand their needs, challenges, and priorities within Acton's business community. Volunteers will gain hands-on experience learning about the local business environment, engaging directly with business owners, and contributing to the development, implementation, and analysis of the survey, as well as helping in the draft of a final report on the Acton business community. For information, reach out to the Office of Economic Development at (978) 929-6516.

REMINDER TO BUSINESS OWNERS: FORM OF LIST FILING REQUIRED

Business owners are required to complete and return a Form of List to the Assessor's Office. The form details tangible business assets such as machinery, equipment, furniture, and other physical items used in your day-to-day operations. The assessment is done each year based on the value of these items as of January 1 and the annual filing deadline is March 1. Filing on time helps you avoid penalty fees and preserves your right to appeal the assessed value, if needed.

SUSTAINABILITY

SIGN UP FOR A NO-COST ENERGY ASSESSMENT

Hey, Acton! All homeowners and renters in 1-4 unit buildings are eligible for a free Home Energy Assessment from Mass Save **every two years**. During the assessment, a Mass Save-approved contractor will evaluate your home's heating and cooling systems, insulation, appliances, and more-- at no cost to you. After the assessment, you will receive a detailed report outlining energy-saving opportunities, and you will have the choice to move forward with any recommended upgrades and available incentives. Many households also receive free energy-saving devices during the visit, such as smart thermostats or faucet aerators!

To learn more and sign up, visit the [Acton Community First Partnership page here](#).

Live in a multifamily building (5+ units)? Your building may still be eligible for an energy assessment through the Mass Save multifamily program with landlord approval. Need help reaching out to your landlord? Contact us at sustainability@actonma.gov!



ACTON TRANSFER STATION HOLIDAY RECYCLING GUIDE

RECYCLE

- Fake Christmas Trees**
Metal recycling (remove decorations)
- String Lights**
Electronics recycling
- Real Christmas Trees**
Brush pile
- Styrofoam**
Monthly Styrofoam collection dates
- Expired Holiday Treats**
Food waste collection bins

DONATE / REUSE

- Gently used toys, decorations, and more**
Bring to the Swap Shop!
- Clothes**
Donation bins

TRASH

- Wrapping paper**
- Tissue paper**
- Ribbons**
- Gift Bags**

WHY?

Wax, plastic coatings, glitter, metallic inks, and more can make traditional gift wrap not recyclable. Consider opting for paper or reusable gift wrap instead!

NOT A TRANSFER STATION STICKER HOLDER?
Visit [RecycleSmartMA.org](#) to learn what can go in your curbside recycling bin!



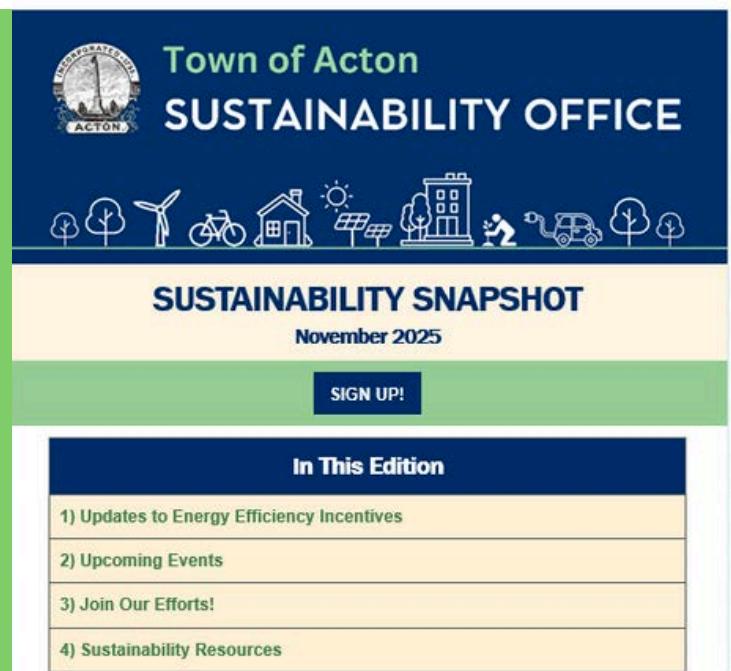
SIGN UP FOR THE MONTHLY SUSTAINABILITY SNAPSHOT!

SIGN-UP LINK ON OUR WEBSITE!

OR SIGN UP HERE: [LINK](#)

Get updates on:

- Energy Efficiency and Clean Energy programs
- Sustainability Events
- Volunteer opportunities
- Our upcoming January webinar series!



Town of Acton SUSTAINABILITY OFFICE

SUSTAINABILITY SNAPSHOT
November 2025

SIGN UP!

In This Edition

- 1) Updates to Energy Efficiency Incentives
- 2) Upcoming Events
- 3) Join Our Efforts!
- 4) Sustainability Resources

DIVERSITY, EQUITY & INCLUSION

HELP MAKE ACTON HEALTHIER AND MORE WELCOMING- JOIN A FOCUS GROUP!

The Town of Acton invites members of the Acton community to participate in a focus group and share their experiences, perspectives, and ideas. These small-group conversations will help **inform future town efforts related to health, well-being, and equity**. This initiative is co-led by the Town's Diversity, Equity, and Inclusion Office and the Health and Human Services Department as part of Acton for Pro-Action, a cross-departmental effort focused on making Acton fair, healthy, and welcoming for all.

The Town, in partnership with 3x3 and the Acton Community Based Collaborative (ACBC), is hosting multiple focus group sessions. Sessions are centered on different communities and topics within Acton, and there are also sessions open to anyone who would like to participate. Community input will help identify what is working well, highlight barriers, and guide improvements to town programs and services. Focus groups are **held online, last approximately 60–90 minutes, and include a small stipend** as a thank-you for participants' time. Sessions are taking place from November through January.

Register to participate in a focus group: surveymonkey.com/r/TDT52PX

For questions or more information, please contact: actonforproaction@3x3.co

INTRODUCING THE ACTON PUBLIC SERVICE ACADEMY!

The Town of Acton is excited to welcome community members to the Acton Public Service Academy, a new community engagement initiative designed to open the doors of local government and strengthen connections across our community. The Academy offers a **behind-the-scenes look at how municipal government works**, highlighting the staff, departments, boards, and committees that keep Acton running every day.

Through **interactive sessions, facility tours, and opportunities to observe civic processes** such as Town Meeting, participants gain a deeper understanding of local decision-making and the ways community members can get involved. The program concludes with a celebration recognizing participants' learning and civic commitment.

The Acton Public Service Academy is rooted in inclusion and collaboration, with the goal of ensuring that a wide range of voices are heard and represented. Community members of all backgrounds and levels of experience are encouraged to participate and help build a shared foundation of knowledge that supports meaningful involvement in Acton's future.



Interest in local government? See how Acton really works, go behind the scenes, and discover where your voice fits in!



Tuesdays, 6:30- 8:30PM

Location Varies

You Will Learn:

- **How Acton's local government works**- including the roles of Town departments, boards, and Town Meeting
- **Who delivers essential services**- and how public safety, public works, libraries, and health services support the community every day
- **How to get involved and make an impact**- with practical ways community members can engage, participate, and help shape Acton's future

APPLICATIONS DUE FEBRUARY 1ST

Use the link below or in the caption to apply. All are welcome, regardless of age or experience in government.

bit.ly/publicserviceacad



Questions? Email wgachugi@actonma.gov

COUNCIL ON AGING

ABOUT

The Council on Aging at the Senior Center offers services, meals and activities for residents age 60+. Most activities are **free** with a nominal charge for meals. The Assistant Director provides older adults and their families with information on area social services including home care agencies, elder day programs, housing options, food and fuel assistance.

Visit our website www.actoncoa.com to view our newsletter for details on services, meals and activities. Follow us on Facebook @actoncoa. To sign up for newsletter or notifications from the COA [click here](#).

LOCATION

Human Services, 30 Sudbury Road rear

HOURS

Mon, Wed, Thurs: 8am-4pm
Tues: 8am-6pm
Fri: 8am-12pm
Closed Jan. 1 & 19

CONTACT

seniorcenter@actonma.gov or 978-929-6652



The screenshot shows the Acton Council on Aging website. It features a header with the town seal and the text "ACTON COUNCIL ON AGING". Below this is a section titled "NEED SUPPORT? WE'RE HERE TO HELP" with a sub-section "We offer support groups via Zoom:" listing two groups: "Caregiver Support Group" and "Navigating Grief Support Group". It also mentions that groups are led by Julie Norstrand, PhD, MSW, MSc. Below this are three small images of seniors in a social setting. At the bottom, there is contact information: "Contact the COA to receive the Zoom link:" followed by the phone number 978-929-6652 and email seniorcenter@actonma.gov.



PROGRAM HIGHLIGHTS January 2026

AT THE ACTON SENIOR CENTER

Date	Event	Time	Notes
06 JAN	MELODIES FOR MEDICINE STUDENT PERFORMANCE	4:00-5:00 PM	SIGN UP REQUIRED
07 JAN	THE DECLINE OF THE CELESTIAL EMPIRE	2:00-3:00 PM	
13 JAN	FOLK/BLUE GRASS PERFORMANCE BY YOU, ME, HER, & THAT GUY	1:00-2:00 PM	
20 JAN	JAPCHAE SWEET POTATO NOODLE SALAD COOKING CLASS	2:00-3:00 PM	SIGN UP REQUIRED

TECH ASSISTANCE

JANUARY 2026

Did you receive a gift of a new phone, tablet or laptop and need help setting it up or figuring out some features?

- Drop in Technology Assistance Clinic on Wed., January 14 or 28 at 1:30 pm
- Make a one-on-one appointment with Olivia from Acton Memorial Library, Thurs., January 8, between 10:00-11:00 am

FOR MORE INFO

- 978-929-6652
- www.actoncoa.com
- 30 Sudbury Road Rear, Acton

NURSING

Senior Safety Tips: Stay Safe and Warm This Winter!

Stay Safe Walking on Ice

Stay safe on icy walkways by wearing non-slip footwear, taking small slow steps, and using handrails or assistive devices for extra stability. Keep sand or salt on hand.



Hire help if you need it and are able, to make your paths safer and easier to manage.

Use Caution: Limited Visibility & Daylight Hours

Improve visibility by using light or motion-sensor porch lights, keeping a flashlight in your car, and using your phone's flashlight when needed. Plan your outings to avoid driving in the dark whenever possible.



Protect Yourself from Getting Sick

- Get vaccinated for respiratory illnesses
- Stay home when you are sick
- Wear a mask in crowded places
- Wash your hands frequently



Many viruses spread more during the holiday season, so it is important to get all recommended vaccines, including flu, COVID-19 and RSV, as soon as possible.

Stay Warm – Stay Safe

Keep your home safe and warm by keeping up with furnace and chimney maintenance, clearing outdoor vents, and using space heaters with plenty of space around them. Routinely check fuel supply levels.

Remember to check your smoke and carbon monoxide detectors routinely to ensure they have fresh batteries.



Scan the QR code for more information on cold weather safety.

Scan the QR code to learn more about winter storm preparation.

Acton Health Department



Mental Health & Isolation During Cold Months

Staying mentally well through the cold months matters, so make a point to stay connected by calling, texting, or video chatting with friends and family.

- Get daylight exposure daily (lightboxes, exercise)
- Drop by the Senior Center for social time
- Seek help if feeling lonely or depressed

If you start feeling lonely or down, try calming techniques like meditation or box breathing.

What to do During a Storm

If you can, stay home during a storm. Make plans ahead of time to stay with family or friends. Check in with neighbors while keeping an eye on weather and power updates.



Try to avoid driving on icy or messy roads, and reach out for help anytime you need it.

Be Prepared for Power Outages

Being prepared for power outages during a storm will help you stay safe, warm, and comfortable until power is restored.

- Keep extra warm clothing and blankets
- Use generators safely (outdoors / proper ventilation)
- Keep chargers and flashlights with fresh batteries
- Have a two-week supply of prescription medicines
- Keep extra food on hand such as canned soups, water, and crackers

It is important to stock over-the-counter medicines and electrolyte drinks (e.g., cold medicines, Pedialyte, water, Gatorade).

Preparation is key! Take action to keep you safe from the following risks this winter.

Join a Community Focus Group Session! Help Shape a Healthier, More Connected Acton



The Town of Acton wants to hear people's stories, ideas, and hopes for making our community stronger and fair for everyone. These small group talks are part of a big project to learn what people need and to help everyone feel healthy, included, and supported.

Why Join?

- ✓ Share your experience on Acton.
- ✓ Help find out what is going well and what we can make better.
- ✓ Meet neighbors and share your ideas about how our town should grow.

What to Expect

- ✓ A group talk that lasts 60–90 minutes and is held online.
- ✓ Anyone who lives or works in Acton can join.
- ✓ We can help with language or accessibility.

For any questions or accessibility accommodations, send an email to actonforproaction@3x3.co

Register here!



tinyurl.com/2sjvdu7b

Sign Up Today!

If you are interested in joining us, please register here: tinyurl.com/2sjvdu7b or scan the QR code. Each session centers on a particular perspective, but all Town of Acton community members are welcome at any session.

Everyone who lives or works in Acton is welcome to join and share their perspective!



Let's Talk about Sleep!

Thursday, January, 22 at 2:00 pm

The Acton Senior Center/COA
30 Sudbury Road Rear
Acton, MA 01720

Please join us for a presentation by Mike Enos, Director of Cardiopulmonary Services at Emerson Hospital. Our presenter will discuss age-related changes in sleep patterns, and will offer information about sleep apnea, daytime fatigue, and other nighttime sleep interruptions.



Town of Acton Municipal Monthly

January 2026 8

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BUILD AN EMERGENCY SUPPLY KIT FOR YOUR CAR

Acton Health Department

 Safety Triangles or LED Flares

 Flashlight

 Blanket

 Water & snacks

 bag of sand or kitty litter

 Snow shovel, ice scraper

 Snow Tires

 Full Tank of Gas

 Boots, Mittens, hat, warm clothes

LIBRARIES

EXPLORE OUR JANUARY PROGRAMS:

January 8, 6-7PM: Embodied Awareness for Balance and Ease [Register](#)

January 12, 6-7 PM: Gentle Yoga with Revolution Yoga [Register](#)

January 15, 6-7:30 PM: ADHD Family Q&A: Real Questions, Real-Life Strategies [Register](#)

January 25, 2-3 PM: Winter Concert Series - Violin and Piano Recital [Register](#)

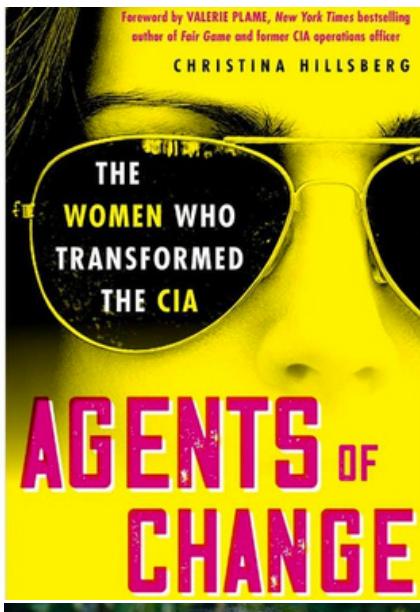
January 28, 7-8 PM (virtual): Agents of Change: The Women Who Transformed The CIA [Register](#)

JANUARY NEWSLETTER

Winter Concert Series
★ OBSESSION ★
The Horizon of Possibility: A violin and piano concert

ADHD Family Q&A
Real Questions, Real Life Support

Session Details:
Acton Library, 486 Main Street, Acton MA
January 15th, 2026 | 6:00pm - 7:30pm



Embodied Awareness for Balance and Ease
An Introduction to the Alexander Technique

Thursday, January 8 |
6:00—7:00 PM |
AML Meeting Room

GENTLE YOGA
with Jenny from Acton's Revolution Community Yoga

MONDAY, JAN 12, 26, FEB 9, & 23,
6:00—7:00 PM, AML MEETING ROOM

POLICE DEPARTMENT

NEW SCHOOL RESOURCE OFFICER

Chief James Cogan is pleased to announce that Acton Police Det. Monica Ricci has been appointed as the department's newest School Resource Officer (SRO).

Det. Ricci will be assigned to the elementary schools along with two collaborative schools. As SRO, Det. Ricci will maintain a safe and secure environment at the schools and during special events. She will provide counsel and guidance to school administrators regarding school safety, build positive relationships with students and staff and provide safety presentations and programs.

Det. Ricci has nine years of experience in law enforcement and has been a member of the Acton Police Department since 2023. She holds a bachelor's degree in criminal justice from the University of Massachusetts, Boston, and a master's degree in forensic psychology from Southern New Hampshire University.

Not new to working with schools, Ricci previously worked in the Tufts University Police Department, where she participated in proactive crime prevention and community policing.

Ricci has also received certifications and extensive training in crisis intervention, psychological first aid, advanced de-escalation and documentation and CPR/AED & First Aid. Read the [full article here](#).



PUBLIC WORKS

Check for Sneaky Batteries!

Recycle
Smart

- Decor
- Ornaments
- Rechargeable hand warmers
- Self-heating mugs
- Greeting cards
- Flameless candles



Take batteries to a drop-off location: recyclesmartma.org/beyond-the-bin-search

DO YOUR "DOODY" TO KEEP OUR LOCAL WATERS CLEAN

You hate stepping in it. Fish hate swimming in it. Dogs produce a lot of waste which, if not disposed of properly, can end up in our waterways.

HOW YOU CAN HELP

- Always bring a pet waste bag when you walk your pet
- Scoop the poop! Pick up after your pet
- Properly dispose of pet waste by putting it in the trash
- Never throw pet waste into a storm drain or waterway



WHAT'S THE PROBLEM WITH PET WASTE?

Pet waste contains germs and bacteria that can be harmful to human health and to our waterways and can even cause algae to grow. Water with increased bacteria and algae can have serious, and sometimes fatal, consequences for aquatic life, humans, and our pets.

Rainfall and snowmelt in Acton flow untreated into our stormwater system, then directly into local streams, ponds, rivers, and lakes. As it flows, stormwater picks up contaminants and pollutants like bacteria and germs from pet waste. Violations of Acton Chapter U, which regulates discharges to the municipal storm drain system, will result in criminal penalties listed in the general bylaws of the Town of Acton.



By properly disposing of pet waste, you are keeping our environment and our community happy and healthy.

THANK YOU FOR KEEPING LOCAL WATERBODIES CLEAN

For more information email sustainability@actonma.gov or engineering@actonma.gov or go to ThinkBlueMA.org



RECREATION

PROGRAMS

We have currently shifted to our winter session. Earlier this month we hosted the first parent's night out with SNL sports academy. We plan on hosting more in the future, check them out! We are also currently offering a variety of programs from health and balance workshops to Candle making and flowing arrangement workshops!

Explore all current offerings at www.ActonRec.com.

RECREATION PROGRAM SURVEY

This January, the Recreation Department will be launching a brief Recreation Program Survey to better understand the needs and interests of our community. The survey will be available on the [Recreation Department website](#), [Town website](#) and in our newsletter and Instagram and Facebook bios. All responses will be kept private and will help develop future programs. We truly appreciate you taking the time to share your feedback with us!

NO SCHOOL DAY PROGRAMS

Our No School Day Program is currently running for holiday break and we are opening February break registrations shortly. To learn more and secure your spot once registration opens, visit www.ActonRec.com.

NARA PARK

The park is open year-round with hours from dawn to dusk. The beach is now closed for the season and will reopen in May. Beach membership applications for the 2026 season will be accepted after Jan. 1st at www.ActonRec.com.

Rental reservations for 2026 will also open after the new year. To check date availability or ask questions, please email us at Recreation@acton.gov.



soccerstars
WINTER SOCCER IS HERE!
WINTER ENROLLMENT NOW OPEN FOR REGISTRATION!
Keep your child active and connected with friends through our Winter season classes!!



LOCATION DETAILS
Acton Recreation Department
50 Audubon Dr. Acton, MA 01720
DAY: SUNDAY STARTING JAN 11TH
TIME:
3-4S: 8:30 AM
2-3S: 9:20AM
4-5S: 10:05AM
5-7S: 11:00AM
781-777-7171
BOSTON@SOCCERSTARS.COM
REGISTER TODAY!



SEASONAL CANDLE MAKING WORKSHOP
ALL PARTICIPANTS WILL MAKE AND TAKE HOME THEIR OWN CANDLE!
1/28/26 and 2/27/26
6:00PM - 7:30PM

Brought to you by: Wax and Scent



ALL LEVELS WELCOME
AGES 8 AND UP
\$25 PER PERSON
LOCATION:
50 AUDUBON DR, ACTON, MA 01720
SIGNUP ON OUR WEBSITE
[HTTPS://ACTONMA.MYREC.COM/INFO/DEFAULT.ASPX](https://ACTONMA.MYREC.COM/INFO/DEFAULT.ASPX)

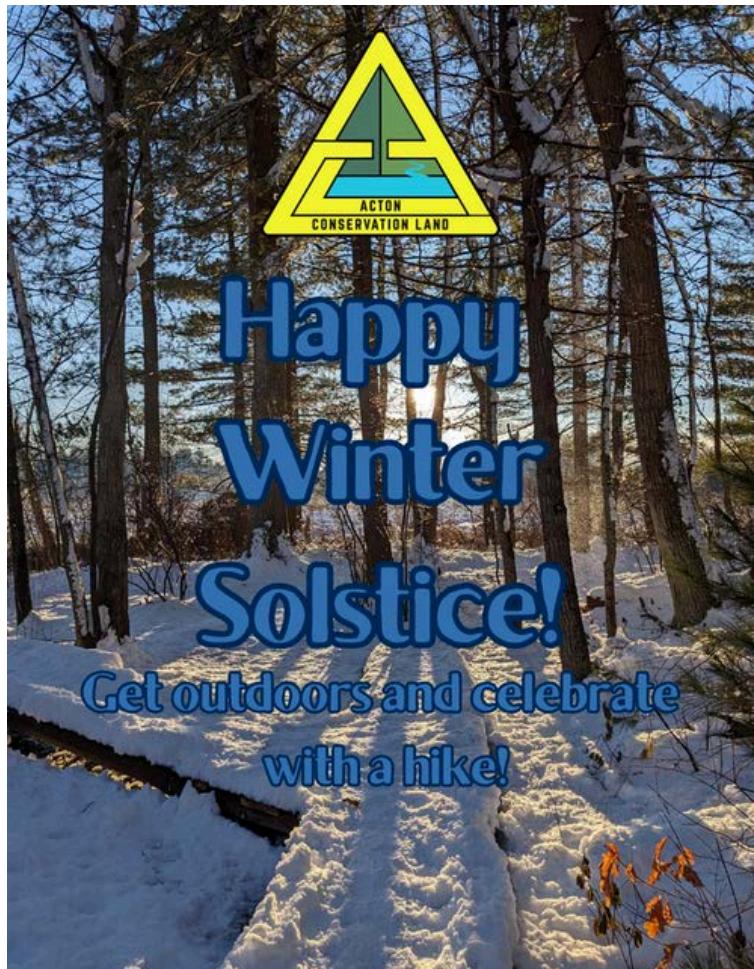


GARDEN THERAPY
With Cathy Fochtmann, Master Gardener
Valentine Hearts Arrangement
Relax, unwind, and create a beautiful, seasonal floral arrangement to brighten your home
When: February 12th from 12:00PM to 2:00PM or 6:00PM to 8:00PM
Where: Acton Recreation Center
50 Audubon Drive
\$35.00 per session
All materials included
For more details, visit www.actonma.myrec.com



BALANCE AND COORDINATION WITH LUPINE EMBODYWORKS
Discover how to improve balance, coordination, and ease of movement in this 5-week series!
Through gentle hands-on guidance, exploration of daily activities, and simple anatomy and awareness lessons, you'll learn to ground yourself, regulate your nervous system, and move with more confidence.
This supportive, interactive class is designed for adults 50+, including those with Parkinson's disease or other movement challenges. Come experience a lighter, more comfortable way of moving.
Dates: Four sessions available:
1/6/2026 - 2/13/2026
2/27/2026 - 3/27/2026
4/3/2026 - 5/8/2026
5/15/2026 - 6/12/2026
When: 10:00 AM -11:00 AM on Fridays
Where: Acton Recreation Center
50 Audubon Drive
Cost: \$100 per session
www.actonma.myrec.com
Register Today!

CONSERVATION



THE ACTON LAND
STEWARDSHIP COMMITTEE
(LSC) IS...

LOOKING FOR VOLUNTEERS

- Build & maintain trails
- Construct & repair bridges/boardwalks
- Remove invasive species
- Preserve native habitat

If interested or want to sign up for emailed opportunities, contact the

Acton Conservation Division:

Conservation@actonma.gov

978-929-6634



STAYING SAFE OUTDOORS THIS WINTER

Remember that ice and snow can make trails more difficult to navigate! Here are some pro-tips on how to keep exploring and staying safe this winter:

1. Wear snow boots or hiking shoes with a good grip!
2. Consider getting some Crampons for extra safe grip!
3. Never walk on ice unless it is 100% frozen and safe!
4. As always, let someone know where you're hiking and for how long – it is too cold outside to get lost!

